

# COS 123 – FORMATION AND DISCIPLESHIP

## COURSE DESCRIPTION *(Goals & Objectives)*

This course grounds the student in the theology and core practices of personal and congregational formation and discipleship.

### Students will be able to:

1. Articulate a theological basis for the Wesleyan emphasis on spiritual disciplines and practice them as means of grace.
  2. Explain and implement the General Rules and the practices of small groups in a congregation.
  3. Educate and resource a congregation in the disciplines Christian formation.
  4. Organize congregations to help people discern their callings and gifts for ministry.
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## TEXTBOOKS

### REQUIRED TEXTS:

- Sondra Matthaei: ***Formation in the Faith***
- Marjorie J Thompson: ***Soul Feast: An Invitation to the Christian Spiritual Life***

### SUPPLEMENTARY:

- Jack Seymour: ***Teaching the Way of Jesus***
- Norma Everiste: ***Church as Learning Community***
- Anne Wimberly & Evelyn Park: ***In Search of Wisdom: Faith Formation in the Black Church***

### TEXTBOOK SELECTION FOR COURSE OF STUDY

**Goal:** Two basic texts (**required**) per class. Individual faculty may add another.

Reference books are **required** and are to help a student build their own library.

Assignments assure the use of the reference books; they are not classroom texts.

Supplemental texts are valuable, but **optional** texts if a student wants to pursue an area of ministry.