Formation and Discipleship

WV Conference Course of Study, Course #123

Rev. Nancy White, Instructor

The goals and objectives for this course are to ground the student in the theology and core practices of personal and congregational formation and discipleship. The student should be able to:

*Articulate a theological basis for the Wesleyan emphasis on spiritual disciplines and practice them as means of grace.

*Explain and implement the General Rules and the practices of small groups in a congregation.

*Education and resource a congregation in the disciplines of Christian formation.

*Organize congregations to help people discern their callings and gifts for ministry.

Texts: Sondra Matthaei Formation in the Faith

Marjorie J Thompson Soul Feast: An Invitation to the Christian Spiritual Life

Supplementary: Jack Seymour Teaching the Way of Jesus
Norma Everiste Church as Learning Community

Anne Wimberly & Evelyn Park

In Search of Wisdom: Faith Formation in the Black Church

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Submitting assignments via email will be best avenue if you can.

The following assignments are to be prepared for the March Session.

Those in bold print should be sent to the instructor by Feb 25, 2019

1. Read Formation in Faith by Sondra Matthaei

We will be discussing a large portion of this book in this session and returning to it in the following session in regard to teachers and resources/curriculum.

- a. Write your 1 paragraph answer to the question "What does it mean to make disciples?" from Chapter 2; Pg 36
- b. From Chapter 2, interview someone in regard to their faith journey and then place them into the scholars' stages/explanations. Write no longer than a 2 page paper.
- c. From Chapter 4, pg 68 & 69; prepare the lists regarding giftedness of those in your congregation and yourself. Perhaps have some others around you list what they see as your giftedness and how you use it. This will be part of our discussion in class. You do not need to turn anything in ahead of time.
- d. Prepare a sheet listing the ministries of your local church where people are offered hospitality, can find authentic relationships and learning/growth experiences. Then prepare a list of new ideas/areas that might be explored for your community and church. What are the needs or the areas that are not being met for people in your area that your congregation might pick up on and provide? Consider some of the wording in the appendix section of the book as you prepare. Again part of the class discussion time.
- 2. Begin to read Soul Feast: An Invitation to the Christian Spiritual Life by Marjorie J. Thompson

For the first session of class, we will be looking at the first 5 chapters of the book.

- a. Choose from Chapter 2/Spiritual Reading; Chapter 3/Prayer; Chapter 4/Worship; or Chapter 5/Fasting to write no longer than a 2 page paper reflecting on why it appealed to you or challenged you.
- b. We will be sharing in and discussing our view and experiences, past and present on these 'Soul Feast' chapters 1-5 in class.

Assignments to be prepared for the second session in April (details to be confirmed at the March session.) Work should be submitted to the instructor before April 7 via email.

1. Continuing in *Formation in Faith*

Focusing on Chapter 3 - Look at question 2 on pg.61 - create a chart/timeline for your own life including the persons who were present with you and how God used that person/persons to influence your growth in faith. This is for class discussion and does not need to be turned in ahead of time.

- 2. Continuing in *Soul Feast* Be sure to have read the last chapters of the book as we discuss the rest of the practices shared.
- 3. In the Introduction section of Teaching the Way of Jesus: Educating Christians for Faithful Living, Jack Seymour makes this statement

"If we claim to be Christian, we are called to teach the way of Jesus. Clergy and laity teach to help others follow Jesus' way of the realm of God. We seek to be faithful to a message, a vision and a way of life that we know profoundly transforms lives and communities."

- a. Write a page on how you see Jesus as a teacher, focusing on his style and methods as much as on his message.
- b. Prepare a teaching plan of a Bible Story use the same story but prepare it for children, youth and adults accordingly. (so you should have 3 plans on the same passage/story) I should be able to tell that you are making it relevant to each age group and using a variety of methods in teaching it to them, include lists of supplies needed or links to videos/other resources etc.

There will possibly be some revisions to the assignments for session two made at the first session when we are together.