

# Course of Study 2021

## #323 Congregational Care

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**Objectives:** This class is designed learn counseling skills to be to open listen to others without judgement. This includes theologies, life experiences and how that impacts one's life. Using multimodal avenues (movie, verbatim, books and lectures, students will reflect on how others experience them as pastors. Particular attention will be given to verbal and non-verbal skills. An in-depth look at grief and how others experience it and the impact it has on pastors.

The following textbooks are required for reading and answer the following questions.

Required Texts:

1. "African American Pastoral care and Counseling": The Politics of Oppression and Empowerment." Edward P. Wimberly **(DUE MARCH 12<sup>th</sup>)**
2. "Crises Counseling in the Congregation," Larry E. Webb **(DUE APRIL 3<sup>rd</sup>.)**
3. "Saving Grace" – Movie with questions and Reflection paper. **(APRIL 14<sup>th</sup>.)**
4. Verbatim **(DUE APRIL 22<sup>nd</sup>.)**

### **A. ASSIGNMENT #1 (Due March 12<sup>th</sup>.)**

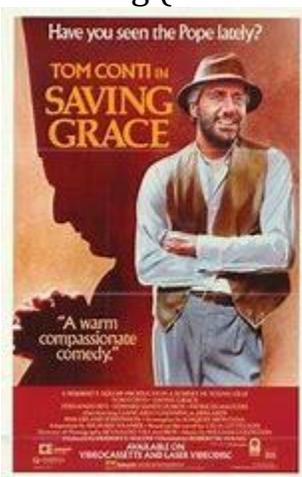
1. What issues does the author raise to make his case that African Americans (AA) are subjugated to oppression?
2. What are some issues that are unique to the AA culture in their context of culture that needs to be considered prior to counseling?

3. What are some similarities and dissimilar images of God between the Black and White cultures identified by the author?
4. What was the most challenging subject matter discussed to you?
5. Write about an experience that challenged your childhood assumptions about another race, culture, politics, wealth, or gender. (Not all of these need to be included.)

**B. ASSIGNMENT #2 (Due April 3rd.)**

1. What does a parishioner seek in pastoral counseling that is similar to a patient seek with a physician.
2. Webb suggests that people's personalities can be divided into four different types. Choose one that fits you best and write about a situation when your personality either got in the way or was helpful.
3. Write about a crisis in which you brought about healing. Describe what tools you relied on.
4. In your experience, how does one find healing?

**C. ASSIGNMENT #3 Watch the move "Saving Grace" Director Robert M. Young (2h.15min.) (Due April 14<sup>th</sup>.)**



### Questions:

1. How did the Pope realize that he had strayed away from his calling?
2. What made the Pope go to the small village
3. How did the villagers use the “plague?”
4. What did the village lose including the Priest?
5. How the Pope, the Priest and the villagers reclaimed their purpose and calling? (One Page)

**Reflection:** Take this time to write anything from the movie that would help you gain insight in your “village, your calling or any insight that touched you. (One Page)

### D. ASSIGNMENT #4

Verbatim of a visit you made with a parishioner either in the hospital, hospice or home. (This cannot be videotaped or recorded.) Write about a visit that was particularly challenging you as a pastor. It may include, theological, scriptural, emotional and pastoral authority. Write about issues that you found to be challenging. Typically a 20 min. visit is adequate but you are not restricted to it. This exercise is designed for you learn about your congregational care skills.

You may volunteer your verbatim while zooming to learn from it.

**(DUE APRIL 22<sup>nd</sup>.)**

### E. ASSIGNMENT #5

Please use double space and number each line.

i.e. C = Clergy P= Parishioner O= Others

C1. Hello, Sandy....

P2. Hello Rev....

C3. Write a paragraph on each question

P4 I'm glad you are here I wanted ask you... (You do not need to color code.)

1. Describe the person & why you picked this visit.
2. What did you do that was pastoral?
3. On what resources did you rely?
4. What are the strengths & the weaknesses of your pastoral visit?
5. How could your visit improve if you were to visit this person again?

**MODULE1-** Saturday March 20<sup>th</sup>, 9a-11a. Intro to Human Spirituality

**MODULE 2** Saturday April 10, 9a-11a. Grief

**MODULE 3** Saturday April 24<sup>th</sup>. 9a-11a. More Grief

**MODULE 4** Saturday April 24<sup>th</sup>. 1p-3p. Verbatim

**MODULE 5** Saturday, May 8<sup>th</sup>. 9-11a. Practicing Counseling Skills

**FACEBOOK:** There will be a private page for this class. It is called Discussion Board. I will be posting questions to lectures.

**Please submit all papers by email and use Word Document as an attachment.** I also accept mailed in paper if that would suit you better. Please include a stamped envelope if you want your paper back.

**GRADES:** Papers are graded on a scale of A-F. However, I may ask you to re-write a paper if the content did not answer the question.